

## FOR IMMEDIATE RELEASE

Althing AIRs Launches in Illinois with Landmark Event in Naperville, Demonstrating Capability to Meet State's Behavioral Health Mandates at Scale

**NAPERVILLE, IL – October 10, 2025** – Althing Clinic, the recognized leader in proactive health solutions, successfully introduced its breakthrough behavioral health service, **AIRs** (**Assess/Intervene/Refer-service**), to Illinois with a major, two-day service event hosted by the City of Naperville on October 8th and 9th, 2025.

The event, focused on proactive mental health assessment and intervention, drew wide participation from key civic and institutional leaders, including Chicago-area police and fire departments, regional municipalities, city officials, and representatives from public and private corporations.

## **Proving Scalability and Efficacy**

The Naperville launch demonstrated AIRs' unique ability to deliver high-quality, effective behavioral health services at scale. Multiple large groups experienced the full, medically qualified encounter, achieving 100% participation and completion of the entire AIRs event.

"This event proved that effective, high-quality behavioral health assessment doesn't have to be slow or complicated," said Mat MK Johnson, CEO of Althing Clinic. "As has become the hallmark of AIRs, participants were provided total privacy and agency, resulting in the identification of many individuals who had been suffering in silence. AIRs was not only efficient and effective but also meaningful and beneficial for all who participated."

## Addressing Illinois' Legislative Needs

The successful launch is particularly relevant given Illinois' progressive legislation, which mandates a full behavioral health assessment for all adolescent students and recommends at least one annual behavioral health evaluation for all adults.

AIRs has proven its capability to meet these huge scale legislative demands without compromising the quality or efficacy of the service. As a direct result of the program's seamless effectiveness, participating entities have already scheduled AIRs for **bi-annual service** to ensure continuous proactive monitoring of their populations.

Althing Clinic is proud to have been invited to bring its breakthrough behavioral health service to Illinois and is excited to play a role in proactively improving the health and resilience of the state.

**About AIRs** AIRs is the only proactive, proven, qualified, and scalable behavioral health solution capable of delivering critical care directly to those in need—at school, at work, and in homes. It is the first and only system to seamlessly connect entire communities to existing

federally funded behavioral health benefits while ensuring complete HIPAA privacy and patient agency.

For more information, please contact: Contact Katja Kressmann at 218-461-0655 katja.kressmann@myalthingclinic.com

## **About Althing LLC.**

Althing creates innovative solutions that lead to equity, access, and modernization of healthcare in districts and communities. Althing's commitment to access is highlighted in its clinic, school district and home health solutions. Whether serving diverse populations or proactively bringing health services to the community, Althing holds to its principles: equity, quality, access, and value. To learn more about Althing AIRs visit <u>airs.myalthingclinic.com</u> and subscribe to <a href="https://www.youtube.com/@althing7525/videos">https://www.youtube.com/@althing7525/videos</a>